



## 2019 WORLD ARMWRESTLING CHAMPIONSHIP WEIGHT CLASSES

### ARMWRESTLING CLASSES

#### SUB-JUNIOR: (14-15 years)

Boys:	-45, 50, 55, 60, 65, 70 kg 70+ kg	(7)
Girls:	-40, 45, 50, 55, 60, 70, 70+ kg	(7)

#### JUNIORS 18 Left & Right Hand

Boys:	-50, 55, 60, 65, 70, 75, 80, +80 kg	(8)
Girls:	-45, 50, 55, 60, 65, 70, +70 kg	(7)

#### YOUTH 21 Left & Right Hand

Men:	-55, 60, 65, 70, 75, 80, 85, 90, +90 kg	(9)
Women:	-50, 55, 60, 65, 70, +70 kg	(6)

#### SENIORS Left & Right Hand

Men:	-55, 60, 65, 70, 75, 80, 85, 90, 100, 110, 110+ kg	(11)
Women:	-50, 55, 60, 65, 70, 80, 90, 90+ kg.	(8)

#### MASTERS (40 years and older) Left & Right Hand

Men:	-70, 80, 90, 100, 100+ kg	(5)
Women:	-60, 70, 80, 80+ kg	(4)

#### GRAND MASTERS (50 years and older) Left & Right Hand

Men:	-70, 80, 90, 100, 100+ kg	(5)
Women:	-60, 70, 80, 80+ kg	(4)

#### SENIOR GRAND MASTERS (60 years and older) Left & Right Hand

Men:	-75, 90, 100, 100+ kg	(4)
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## 2019 WORLD PARA-ARMWRESTLING CHAMPIONSHIP WEIGHT CLASSES

### PARA-ARMWRESTLING CLASSES

#### PID sitting: Physical Impairment athletes

Men:	-55 kg, 65 kg, 75 kg, +75 kg	(4)
Women:	-65 kg, +65 kg	(2)

#### PIDH sitting: Physical Impairment athletes with upper limbs impairment

Men:	-80 kg, +80 kg	(2)
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#### PIU standing: Physical Impairment athletes

Men:	-60 kg, 70 kg, 80 kg, 90 kg, +90 kg	(5)
Women:	-65 kg, +65 kg	(2)
Junior 23 boys:	-55 kg, +55 kg	(2)
Junior 23 girls:	-50 kg, +50 kg	(2)

#### PIUH standing: Physical Impairment athletes with upper limbs impairment

Men:	-85 kg, +85 kg	(2)
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#### VI standing: Visual impairment athletes

Men:	-60 kg, 70 kg, 80 kg, 90 kg, 100 kg, +100 kg	(6)
Women:	-60 kg, 70 kg, +70 kg	(3)

#### HI standing: Hearing impairment athletes

Men:	-60 kg, 70 kg, 80 kg, 90 kg, 100 kg, +100 kg	(6)
Women:	-60 kg, 70 kg, +70 kg	(3)