

## THERAPEUTIC USE EXEMPTIONS (TUE)



### TUE Management - Therapeutic Use Exemptions

ADAMS is used by WAF for online management of TUE requests and approvals as well as online notification of those involved in the process. The WAF Committee will handle the TUE application and will inform about the approval or rejection through ADAMS. After approval the system will generate a TUE receipt which can be printed out by the athlete through ADAMS.

WAF TUE Application.pdf



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**TUE**  
THERAPEUTIC USE EXEMPTIONS  
APPLICATION FORM

More details about TUE Therapeutic Use Exemptions from WADA

### INTERNATIONAL STANDARD THERAPEUTIC USE EXEMPTIONS JANUARY 2016

**What?**  
As an athlete, you may have an illness or condition that requires a particular medication. If this medication appears on the Prohibited List, you may be granted a Therapeutic Use Exemption (TUE) which gives you permission to take it.

**Why?**  
TUEs ensure that you are able to obtain treatment for a legitimate medical condition—even if that treatment requires a prohibited substance or method. The TUE process avoids the risk of sanctions due to a positive test.

**Who?**  
Any athlete who may be subject to doping control must request a TUE before taking a prohibited medication. All information in this request remains strictly confidential.

**When?**  
An application must be made at least 30 days before taking part in an event. In exceptional cases or true emergencies, a TUE may be approved retroactively.

**The TUE Process**

- 1 Request a TUE form from your relevant anti-doping organization (ADO) or through ADAMS.
- 2 Your physician fills out the TUE form and you send it back to your ADO.
- 3 Once a TUE is requested, a panel of experts selected by the ADO reviews your request and will grant a TUE if:  
Your health will be significantly impaired if you do not take the substance.  
The substance does not enhance your performance beyond what brings you back to normal health.  
There are no alternative treatments available.
- 4 The ADO advises if you can take the requested medication or not. In the case of a denied request, you will be informed of the reasons. You have the right to appeal the decision.

**Who do I contact / where do I return my form?**

**National-level athletes:** National Anti-Doping Organization (NADO)  
**International-level athletes:** International Federation (IF)

**Find out more at [wada-ama.org](http://wada-ama.org)**