

## 2016 African Armwrestling & Para-Armwrestling Championship ? Egypt



### Cairo -Egypt 2016, 9-13 July 2016

Friday, 9th. july 2016

Team arrivals

Sunday, 10th. july 2016

Team arrivals

10:00 AM Team registration until 12.30 P.M

03:00 PM - 05:00 PM Referee African Seminar

06:00 PM African Congress Meeting

Monday, 11th. july 2016

09:30 AM - Team registration

02:00 PM - Opening Ceremonies

03:00 PM - Start of tournament Left Arm

06:00 PM - Award Ceremonies

Tuesday ,12th. July 2016

10:00 AM - Start of tournament Right Arm

03:00 PM - Award Ceremonies

05:00 PM - closing Ceremonies

Wednesday , 13th. July 2016

## Teams Departure

### Details:

zienelhoary @ [yahoo.com](mailto:zienelhoary@yahoo.com)

Elmamoun2001 @ Yahoo.fr